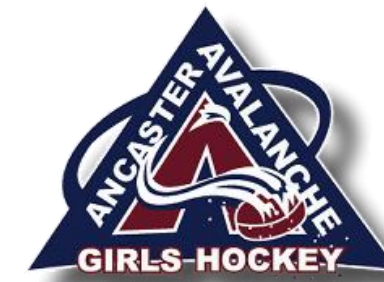


GOALS

1. AAGHA would set out the vision, philosophy and core beliefs.
2. Coaches selected to implement the association plan with their personal coaching philosophy secondary.
3. Attract and retain more players and better coaches
4. Coordinate development to optimize coaching resources
5. Improved player and coaching development on all teams
6. Share resources to reduce the costs for all teams
7. Faster identification of problems and issues
8. Address the issues inherent in Midget level girl's hockey
9. Successful **Championship teams at all levels! Having FUN!**

AAGHA HIGH-PERFORMANCE DEVELOPMENT PROGRAM

*Multi-Year, Development Program
with Positive High-Level Coaching on School, Family
and Budget Friendly Teams for Girls 13-17*



Coordinated Development and Ascension within the Hockey Canada Long Term Development Model

Shared Resources

- Eliminate duplication of resources
- Consistency between teams
- Reduce costs to individual teams

Program Director

Lead Coach - Steve Raitt

AvsCoachSteve@gmail.com
(905)741-3536

MIDGET AA

Head Coach - Dave Landry

- **Players-** Mandatory participation

BANTAM AA

Head Coach - Kyle Gee

- **2nd Year Players** – Mandatory
- **1st Year players** - Encouraged

MIDGET A

Head Coach - Tim Norris

- **Players** – Encouraged

BANTAM A

Head Coach - Bill Foley

- **Players** – Optional participation

OTHER PLAYERS

- May participate by invitation

Team Selection

- Best and most-committed players, regardless of age, play AA
- Mandate to develop and promote from within AAGHA where possible
- Team selection coordination and oversight
- Coach selection and oversight

Individual Player Development

- Individual hockey goal-setting and "Level-UP" plans following the Hockey Canada LTDM
- Individual off-ice workout programs
- Access to School / Hockey recruitment advisor

Tournaments and Team-Building

- Coordinated tournament scheduling
- Showcase tournaments
- University visits
- AA teams are expected to volunteer at Ancaster Fall Shootout

"Showcasing"

- Player assistance with University/College recruitment via Academic & Recruiting Advisor
- Coach and program introductions through network connections and "Friends of the AAGHA"

Budget

- Share resources to reduce the costs for all teams
- Separate player development and "Showcasing"/Travel budgets
- Joint oversight amongst teams

Shared Development Plans

- Shared practice plans between teams - Hockey Canada High Performance Program
- Individual development plan
- Tactical development plan
- Coordinated team systems

In-Season Elite Skills Development Sessions

- Shared ice-time development sessions with multiple teams
- Hockey Canada Development Model
- Sessions for goalies, defense and forwards
- Ongoing talent evaluation across teams
- AAGHA Coach mentoring and training

4th Line Program

- Open invitation to practices encouraged by all participating coaches
- Pick-up Players always used whenever rosters are short (games and practices)
- Ongoing talent evaluation across teams
- Better prepare players to move up
- AAGHA Coach mentoring and training

Team/Program Marketing

- Attract players to AAGHA
- Retain players in the AAGHA who aren't quite ready for Midget AA
- Transparent and fair path to Midget AA
- Provide recruitment tools to coaches
- Published program materials

Summer Development

- Shared multi-team on-ice summer sessions (2 per week – optional)
- Fitness testing and workout program
- Ongoing talent evaluation across teams
- Off-ice summer skills program
- Summer development camp

NCCP Education

- Age specific Hockey Canada LTPD "Training to Compete"
- Fitness, Injury prevention, Nutrition, Recovery, Mental, Leadership, Drug-free sport, Communication, etc.

Coach Mentoring / Training

- Coaches / assistants from all divisions actively encouraged to participate in all practices and development sessions
- Recruiting of apprentice coaches

Academic & Recruiting Advisor

Volunteer Coordinator

Skills Coaches

Goalie Coaches

Stats and Video

Website Video Blog

Medical Advisor

Athletic Therapist

FUTURE

Bantam Elite High-Performance Program

- Modeled after successful Midget program for girls 11-14

Ancaster PWHL

- Players from Ancaster, Flamborough, Hamilton, Brantford, Simcoe and McMaster

More Players + Better Development + Fun = WINNING at all Levels